

Individual Voice Coaching **Use Your Voice For Greater Impact**

Successful communication depends largely on effective use of your voice. Improve your confidence, authority, and persuasiveness by accessing the power of your own voice enabling you to lead, motivate, and influence more effectively.

Individual Voice Coaching is one hour of private time with Michelle Bailly. Each session is tailor made for you and offers you the skills and encouragement to express your ideas, opinions & voice with confidence and conviction. It can be applied in:

- Confidence Building for Auditions
- Dynamic Presentation Skills
- Influencing & Motivating Others
- Speaking with Ease
- Effective Job Interviews

We focus on technical aspects of voice work combined with confidence building techniques which can include:

- Identify the dynamics of your own voice
- Find your strengths and work with them
- Why some people can influence and others can't
- Vocal technique, warm-ups and exercises
- The use of Vocal Imagery
- Confidence building – the use of mental imagery & triggers
- Secrets for calming yourself under pressure
- Know how to breath to promote relaxation
- Utilizing simple sounds that can change how you feel instantly
- Improving your tone and clarity
- Get your point across with ease
- Less is more
- Daily practices to enhance your vocal strengths

Michelle Bailly has worked as a singer, television and radio presenter in Canada and Europe. She is a Master Practitioner & Certified Trainer in Neuro Linguistic Programming (NLP) and has over 23 years working in training and development with companies, community groups as well as individuals. From classical, to Speech Level Singing (SLS) to Sacred Sound, she has studied & performed with Chloe Goodchild, Chris James, Paul Hubbert (Phd) & Andres Martorell. Her passion is singing songs she enjoys particularly jazz, blues & gospel.

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